

K-8 Lunch & Breakfast Menu



Additional Entree Choices



Monthly Entree
Double Cheese
Quesadilla
with Salsa Cup

Grab & Go:

- **Elementary:** Turkey Stick, String Cheese, Pretzels, Grahams, Fresh Apples, Baby Carrots
- **Middle Schools:** Chicken Caesar Salad with Heartzels

CHOW OPTIONS Grades 7 & 8 only

- 2/1: Kielbasa Dog
- 2/5: Spicy Chicken Sandwich
- 2/12: BBQ Rib Sandwich
- 2/19: Meatball Sub
- 2/26: Cheeseburger

Fresh Sides

Fresh baby carrots and garden side salads are offered daily in addition to the featured daily vegetable.

Monday



President Harry S. Truman signed the National School Lunch Act on June 4, 1946. Though school foodservice began long before 1946, the Act authorized the National School Lunch Program (NSLP). The legislation came in response to claims that many American men had been rejected for World War II military service because of diet-related health problems.

5 Breakfast for Lunch

French Toast Sticks
Sausage Links
Cheesy Potato Bake
Warm Cinnamon Apples

12

Heart Shaped
Chicken Nuggets
Maple Waffle
Cheesy Green Beans
Mixed Fruit Cocktail

19 No School



26

Chicken Nuggets
& Graham Crackers
Potato Smiles
Orange Wedges

Tuesday

6

Beef & Bean Chili
& Cornbread
Tossed Romaine
Salad
Fresh Fruit

13

BBQ Chicken
Drumstick
Texas Toast
Ranchero Beans
Corn Cob
Fresh Fruit

20 Breakfast for Lunch

Confetti Pancakes
Sausage Links
Frozen Veggie Slush
Strawberry Cup
President's Day Educational Snack

27

Taco Stick
Bean Dip
Applesauce

Wednesday

7

Personal Pan
Cheese Pizza
Two Bean Salad
Peach Applesauce

14 Valentine's Day

Personal Pan
Cheese Pizza
Romaine Salad
Strawberry & Cream Frozen
Fruit Cup, Heart Grahams
Strawberry Milk

21

Personal Pan
Cheese Pizza
Fresh Carrot Sticks
Fresh Winter Fruit
Salad

28

Personal Pan
Cheese Pizza
Romaine Salad
Fresh Winter Fruit
Salad

Thursday

1 Turkey Meatballs in
Sweet Chili Pineapple
Sauce with Brown Rice
Seasoned
Green Beans
Fresh Clementine

8

Half Day
Chicken, Turkey Ham
& Cheese Sandwich
Baby Carrots
Veggie Juice
Blue Raspberry
Frozen Fruit Slush

15

Teriyaki Chicken
& Fried Rice
Steamed Sunshine
Carrots
Fresh Strawberries

22

Spaghetti in
Meatsauce
Dinner Roll
Romaine Salad
Diced Mangoes

29

Orange Chicken
& Brown Rice
Steamed California
Blend Vegetables
Fresh Strawberries

Friday

2 **National Tater Tot Day**
Beef Hot Dog
Tater Tots
Assorted Fruit



9

Half Day
BBQ Chicken Jerky
Sunflower Seeds
Veggie Juice
Raisins, Cheez Its
Baby Carrots



16 **try it!**
Pulled Pork
Sandwich
Seasoned Fries
Chunked Pineapple

23

Crispy or Spicy
Chicken Sandwich
Cheesy Garlic
Mashed Potatoes
Fresh Strawberries

MEAL PRICES

Breakfast:
\$1.50 paid, \$.00 reduced

Lunch:
\$2.95 paid, \$.00 reduced

Breakfast in the Classroom



Daily Offers:

M: Oatmeal
Choc. Chip Bar

T: Bagel &
Cream Cheese

W: Yogurt &
Mini Muffin

Th: Pancake &
Sausage Stick

F: Maple Waffle



Available Daily:
Cold Cereal w/
Cheese Stick or
Grahams



Local fat-free
and 1% white
or non-fat
chocolate
milk available
daily